

The Divine Rays

Meditation Journal



Angela Orora Medway-Smith

Dear Cariad,

Welcome to The Book of Many Colours and the Divine Rays!

Keeping a journal of your meditations will enable you to plot your progress and record your personal connections with these incredible vibrations and their Ascended Master and Angelic Patrons.

My prayer for you is that your connection brings you alignment with your soul's purpose and that you are able to lean into the Divine Rays and their Patrons for inspiration, support, and enlightenment along your life's path.

I've also created Oracle & Affirmation Cards and Divine Ray Connection Vibrational Sprays to support you. If you would like an even deeper sense of the Divine Rays place in your life Ascension Numerology Readings are available too, including a personal channelled message from your Patrons.

Remember your spiritual journey is not a race. It is a lifelong journey, listen to your inner guidance and experience it your own way, this will be the right way for you.

Brightest & Abundant Blessings

Angela Orora



Cariad Spiritual



Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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3
The Ray of New Beginnings



Lady Nada
(Mary Magdalene)
Rose Pink
Triangle
I AM CREATION

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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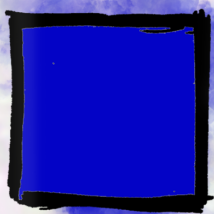
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4
The Ray of
The Spiritual Warrior



El Morya
(King Arthur)
Royal Blue
The Square
I AM MASTERY

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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5
The Ray of Unity



Master Kuthumi
(St Francis of Assisi)
Butter Yellow
The Pentacle/Pentagram
I AM UNITY

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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6
The Ray of
The Divine Mother



Mother Mary
Madonna Blue
Hexagram
I AM NURTURE

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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7
The Ray of
Spiritual Alchemy



St. Germain
Violet
Heptagram
I AM DIVINE ALCHEMY

Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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8
The Ray of Harmony



Kwan Yin & Djwhal Khul
Jade Green
Octagram
I AM COMPASSION

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Carriad Spiritual

9
The Ray of Challenge



Lady Portia
Magenta
Nonogram
I AM EMBODIMENT

Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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10
The Ray of
The Divine Father



The Maitreya
The Christ
Pure White
The Sun
I AM DIVINE ORDER

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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11
The Green Ray



Archangel Uriel
Green
The Trilithon/The Henge
I AM AT ONE WITH GAIA

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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20
The Ray of Miracle



The Maha Cohan
Turquoise
The Dove
I AM MIRACLE

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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22
The Ray of Healing



Archangel Raphael
Sky Blue
The Caduceus
I AM HEALING

Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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30
The Ray of
Earth Consciousness



Sanat Kumara
Deep Red
Earth Square
I AM LIFE

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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33
The Ray of Protection



Archangel Michael
Electric Blue
The Sword
I AM JUSTICE

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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44
The Ray of Birth



Arch Angel Gabriel
Aquamarine
The Chalice
I AM FLOW

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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50
The Ray of Wisdom



Solomon
Gold
The Ring
I AM WISDOM

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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66
The Ray of
Unconditional Love



Arch Angel Haniel
Kunzite Pink
The Heart
ALL IS LOVE

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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80
The Ray of Order



Lord Kahn
Diamond White
Blossoming Lotus
I AM HARMONY

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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88
The Ray of Commonality
(Divine Love)



The Cherubim
Deep Pink
The Flaming Heart
I AM DIVINE LOVE

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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90
The Ray of the
Cosmic Divine Mother



Annam
Deep Blue Black
Black Rose
I AM INFINITE

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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Carad Spiritual

99
The Ray of
Interconnection



Seraphim
Pale Champagne Gold
Flower of Life
I AM CONNECTED TO ALL

Date

Location

My Purpose

My Tools

e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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100
The Ray of Time



Elohim
Lepidolite Blue
The Infinity Loop
I AM INFINITY

Date

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Location

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My Purpose

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My Tools

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e.g. Crystal, Oil, Sound, Oracle

Tip: Remember to record all of your 'clair' experiences (all you felt, heard, saw, smelt, tasted or knew as your truth).

My Experience

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A Final Message from the Patrons of the Divine Rays

"Beloveds, you have at your fingertips information that can support both your spiritual development and ascension, gifts that can support the wellbeing and healing of all that there is.

We ask that you use these gifts with the best and highest intention for good. Be aware that the spiritual laws, the laws of Karma, of cause and effect, will be brought into play should you misuse these gifts.

We, the Ascended Master Collective, we the patrons of these Divine Rays, will draw close and support you when your intention is for the highest good.

*In love, we leave you beloved,
holding the light of the Divine Rays."*

*The Ascended Master El Morya
Channelled by Angela Orora, April 2021*



Eariad Spiritual